



Garden Café February Journal

Welcome to February. By the time you read our newsletter we will have just completed Brexit, and despite what you read in the papers you can rest assured our cake stands will be full of delightful choices to bring a smile to your face alongside your coffee or tea.

During the month of February, we will be celebrating Valentine's Day each day during the weekend of 14-16 February. We will be offering a special Valentine themed afternoon tea with a glass of Prosecco and delicious choice of sandwiches and homemade cakes. Why don't you come along with your loved one and celebrate in front of our open fire in our Garden Café?

You will also find lots of gifts and flowers available in the farm shop, so come and have a browse and take advantage of the special offers on quality local meat, vegetables or gifts.

During January we added Welsh Rarebit to our specials board, and we have been delighted with its popularity. Many people have asked how we make it so please click on the recipe below and give it a go. Don't forget to send us your photos. I first made Welsh Rarebit when I trained at the Savoy Hotel in 1979, and it is simply butter flour and milk, to which you add strong beer, mustard, mature cheddar and a good splash of Worcestershire sauce.

In February look out for English forced rhubarb, did you know it is a vegetable and not a fruit? This vibrantly coloured seasonal treat is ideal to make delicious cakes and puddings. On our specials board this month we will be offering a tasty Rhubarb Crumble Cake, alongside our popular Blood Orange Polenta Cake. If you would like to know how to make these pick up your recipe from the counter or have a look at our website under the Garden Café, or [click here](#).

Tips for buying rhubarb: buy crisp plump stalks with a rich red colour, and store in your fridge for up to 2 weeks.

Upcoming events in the Garden Café

During this month why don't you come in between the hours of 3-4pm Monday to Thursday and you will receive a free slice of Victoria Sandwich Cake when you purchase a cup of tea or coffee, or a soft drink.

Make a date for your diary for Mother's Day on 22 March. We will be offering a special lunch or afternoon tea for all those lovely Mums, so please have a chat with our friendly staff for further details.

We look forward to welcoming you back soon.

Martin Spicer from Spicer Catering.